



Middle School Lunch Menu

OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National Apple Month				1 World Vegetarian Day Chipotle Bean Chili (V) SunButter & Jelly Sandwich (V)
4 Chicken Fried Steak with Gravy & Roll SunButter & Jelly Sandwich (V) Strawberry Milk Day	5 Ranch Chicken Club Flatbread (P) Ham & Cheese Sub (P)	6 Chicken Soft Tacos Mexican Rice Italian Salad (P)	7 <i>Breakfast for Lunch</i> Chicken & Waffles Sandwich Turkey & Cheese Sandwich	8 <i>Early Release</i>
11 <i>No School</i> NATIONAL SCHOOL LUNCH WEEK	12 Beef Nachos Turkey & Cheese Sub	13 Penne with Tomato Alfredo & Chicken Chicken Caesar Salad	14 Meatball Sub Ham & Cheese Sandwich (P)	15 Bacon Cheeseburger (P) Chef Salad (P) National Mushroom Day
18 Chicken Tikka Masala Bowl Chicken Drumstick with Roll Cobb Salad (P)	19 Chicken Tikka Masala Bowl Cheese Enchilada Casserole (V) Ham & Cheese Sub (P)	20 Chicken Tikka Masala Bowl Mac & Cheese (V) Italian Salad (P)	21 Chicken Tikka Masala Bowl BBQ Chicken Flatbread Sandwich Turkey & Cheese Sandwich	22 Chicken Tikka Masala Bowl Corn Dog SunButter & Jelly Sandwich (V)
25 Chicken & Vegetable Dumplings SunButter & Jelly Sandwich (V)	26 National Potato Day Popcorn Chicken Mashed Potato Bowl Ham, Turkey & Cheese Sub (P)	27 Beef Mexican Lasagna Chicken Caesar Salad	28 Grilled Bacon, Egg & Cheese Sandwich (P) SunButter & Jelly Sandwich (V)	29 Chicken Penne Alfredo Ham & Cheese Salad (P) Halloween Ice Cream Cup

STAY UP TO DATE



Daily Options:

Grill: Rotating Cheeseburger (M/W/F), Hamburger (T/Th), Spicy Popcorn Chicken (M), Chicken Sandwich (T), Popcorn Chicken (W), Spicy Chicken Sandwich (Th), Chicken Nuggets (F)
Pizza: Cheese Pizza, Pepperoni Pizza (M/W/F), Rotating Specialty Flavor (T/Th)

All meals offered with a choice of fruit, vegetable and milk (1% white or skim chocolate)

(V) Denotes vegetarian item (P) Denotes pork item *Menu subject to change

